



We are an institution of social solidarity and do not ask for any entrance fee, although if you'd like to contribute, we accept any voluntary donation that will go towards the occupational therapy activities performed with the elderly attending the Centre.

THANK YOU
for your visit!

Saint Camillus of Lellis (1550- 1614) was a Italian religious, founder of the Order of Ministers of the Sick (Camilians). Is venerated as a saint of the Catholic Church and is considered to be protector of the sick and the hospitals.

CONTACTS

**M. Av. São João de Deus 2,
8500-509 Portimão**

w. <https://cai-portimao.pt/>

**F. +352 282 450 800
Week days 9am -1pm and 2pm- 5.30 pm**



ELDERLY DAY CENTER S. CAMILO DE LÉLLIS

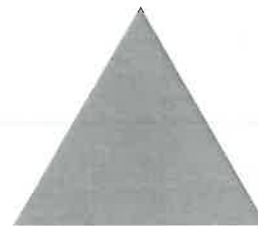
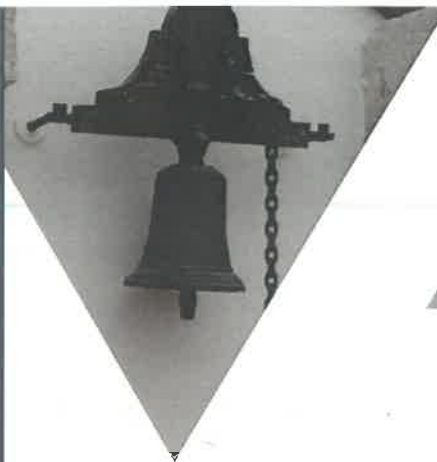
Visiting Hours

2 pm to 5 pm
from Monday to Saturday



DEAR
Visitor

You are currently within a private institution of Social Solidarity – Elderly Day Center of Portimão. This is an inclusive environment which accommodates elderly people during day time, practicing excellence care in what concerns not only the physical aspect but also their mental health. Our main goal is the maintenance of their daily personal care activities. What we have to offer: social therapy including sociocultural activities that result in personal art displayed throughout the space.



This is an inclusive environment that gathers EVERYONE and encourages their interaction including the elderly daily life activities, stimulating interpersonal relationships that can result in cultural activities, some practiced within an intergenerational workspace, where the visitors can express themselves and show their abilities, developing care capacities towards the elderly.

This is a paradoxal society we live in: it displays a world full of technological



development and progress that facilitates and brings quality of life to people, yet these are the same that claim not to have enough time to give care and attention to their elderly.

If you claim to understand the elderly and believe in their potential ability to learn new skills, then we invite you to embrace this challenge and **tag along with us** in this cultural journey.

